

# Christian Growth and Development Assessment

By Dr. Bryan Catherman

## The Initial Christian Life (Obeying the Commands of Christ)

Made a Profession of Faith?  
(Repent and Believe / Mark 1:15)

Yes / No

Been Baptized?  
(Matthew 28:19)

Yes / No

0 Is Non-Existent / 9 Is A Model for Others

Prayer Life?

(Pray / Matthew 6:9-13)

0 1 2 3 4 5 6 7 8 9

Engaged in Disciple-Making?

(Make Disciples / Matthew 28:18-20)

0 1 2 3 4 5 6 7 8 9

Enduring in the Faith?

(Persevere / Matthew 10:22)

0 1 2 3 4 5 6 7 8 9

Loving Jesus and Others?

(Matthew 22:37-39)

0 1 2 3 4 5 6 7 8 9

Sincerely Taking the Lord's Supper?

(Matthew 26:26-28)

0 1 2 3 4 5 6 7 8 9

Tithing and Giving?

(Matthew 6:1-4)

0 1 2 3 4 5 6 7 8 9

Worshiping with the Body?

(Gather / Hebrews 10:24-25)

0 1 2 3 4 5 6 7 8 9

## Journey of Sanctification (Demonstrating Growth in 2 Peter 1:5-11 Areas)

Faith?

(Believing and acting on God's Word)

0 1 2 3 4 5 6 7 8 9

Virtue?

(Of good biblical character)

0 1 2 3 4 5 6 7 8 9

Knowledge?

(Understand the Word and Christian practice)

0 1 2 3 4 5 6 7 8 9

Self-Control?

(Dominion over emotions and temptations of the flesh)

0 1 2 3 4 5 6 7 8 9

Steadfastness?

(Stable and preserving over the long haul)

0 1 2 3 4 5 6 7 8 9

Godliness?

(Conformed into the likeness of Christ)

0 1 2 3 4 5 6 7 8 9

Brotherly Affection?

(Loving the Body and neighbors)

0 1 2 3 4 5 6 7 8 9

Love?

(Loving God)

0 1 2 3 4 5 6 7 8 9

## Quality Candidate for Discipleship? (“FRAT Filter”)

<b>Faithful?</b> (Believing Jesus and obeying God’s Word)	0	1	2	3	4	5	6	7	8	9
<b>Reliable?</b> (Dependable, trustworthy, capable, and puts in the work)	0	1	2	3	4	5	6	7	8	9
<b>Available?</b> (Prioritizing time to learn, grow, and serve well)	0	1	2	3	4	5	6	7	8	9
<b>Teachable?</b> (Humble, submits, and willing to see things differently)	0	1	2	3	4	5	6	7	8	9

## Candidate for Pastoral Development? (1 Timothy 3:1-7 and Titus 1:5-9)

Aspires to the office?	0	1	2	3	4	5	6	7	8	9
Above reproach?	0	1	2	3	4	5	6	7	8	9
Husband of one wife?	0	1	2	3	4	5	6	7	8	9
Children are believers?	0	1	2	3	4	5	6	7	8	9
Sober-minded?	0	1	2	3	4	5	6	7	8	9
Self-controlled?	0	1	2	3	4	5	6	7	8	9
Not arrogant or quick tempered?	0	1	2	3	4	5	6	7	8	9
Respectable?	0	1	2	3	4	5	6	7	8	9
Hospitable?	0	1	2	3	4	5	6	7	8	9
Able to teach?	0	1	2	3	4	5	6	7	8	9
Able to rebuke with the Word?	0	1	2	3	4	5	6	7	8	9
Not a drunkard?	0	1	2	3	4	5	6	7	8	9
Not violent but gentle?	0	1	2	3	4	5	6	7	8	9
Not quarrelsome?	0	1	2	3	4	5	6	7	8	9
Lover of good?	0	1	2	3	4	5	6	7	8	9
Upright?	0	1	2	3	4	5	6	7	8	9
Holy?	0	1	2	3	4	5	6	7	8	9
Disciplined?	0	1	2	3	4	5	6	7	8	9
Holds firm to the trustworthy Word?	0	1	2	3	4	5	6	7	8	9
Not a lover of money?	0	1	2	3	4	5	6	7	8	9
Not greedy for gain?	0	1	2	3	4	5	6	7	8	9
Manages own household well?	0	1	2	3	4	5	6	7	8	9
Not a recent convert?	0	1	2	3	4	5	6	7	8	9
Well thought of by outsiders?	0	1	2	3	4	5	6	7	8	9