

# Disciple-Making Workshop

Week 1

# Brutal Reality

~3.2 million people in Iowa  
~70% claim to be Christian  
~30% are Atheist/Agnostic or “nones”

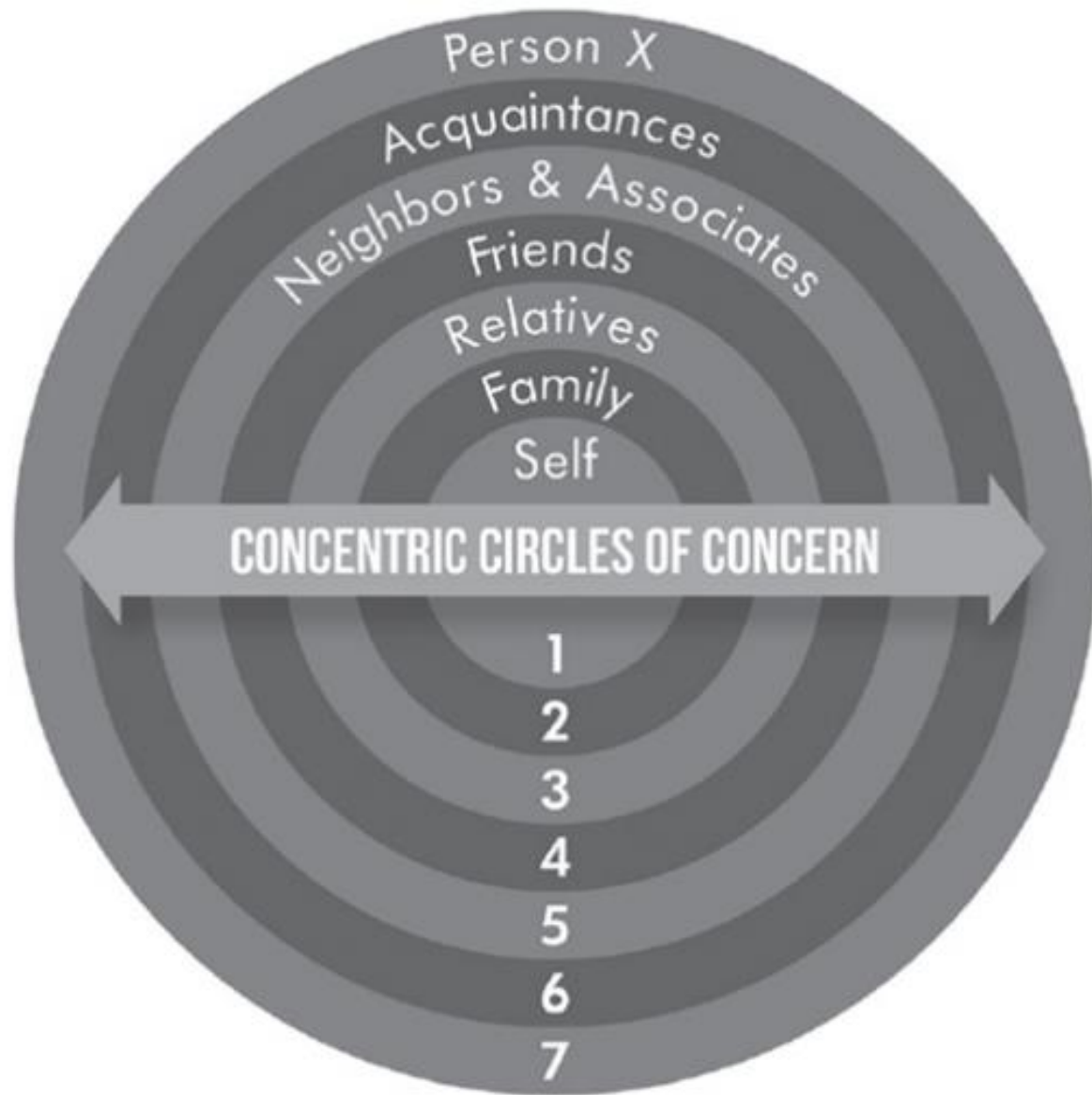
= 960,000 lost people  
+ people who are “cultural Christians”

**What should our attitude be towards engaging the lost and sharing the gospel?**



# Where Do I Start?





# The 411

The 411 equips followers of Jesus to  
make disciples by answering  
4 questions in 1 hour on 1 sheet of paper

Why must I make disciples?

Who do I reach?

What do I say?

When do I start?

**Why do we make  
disciples?**



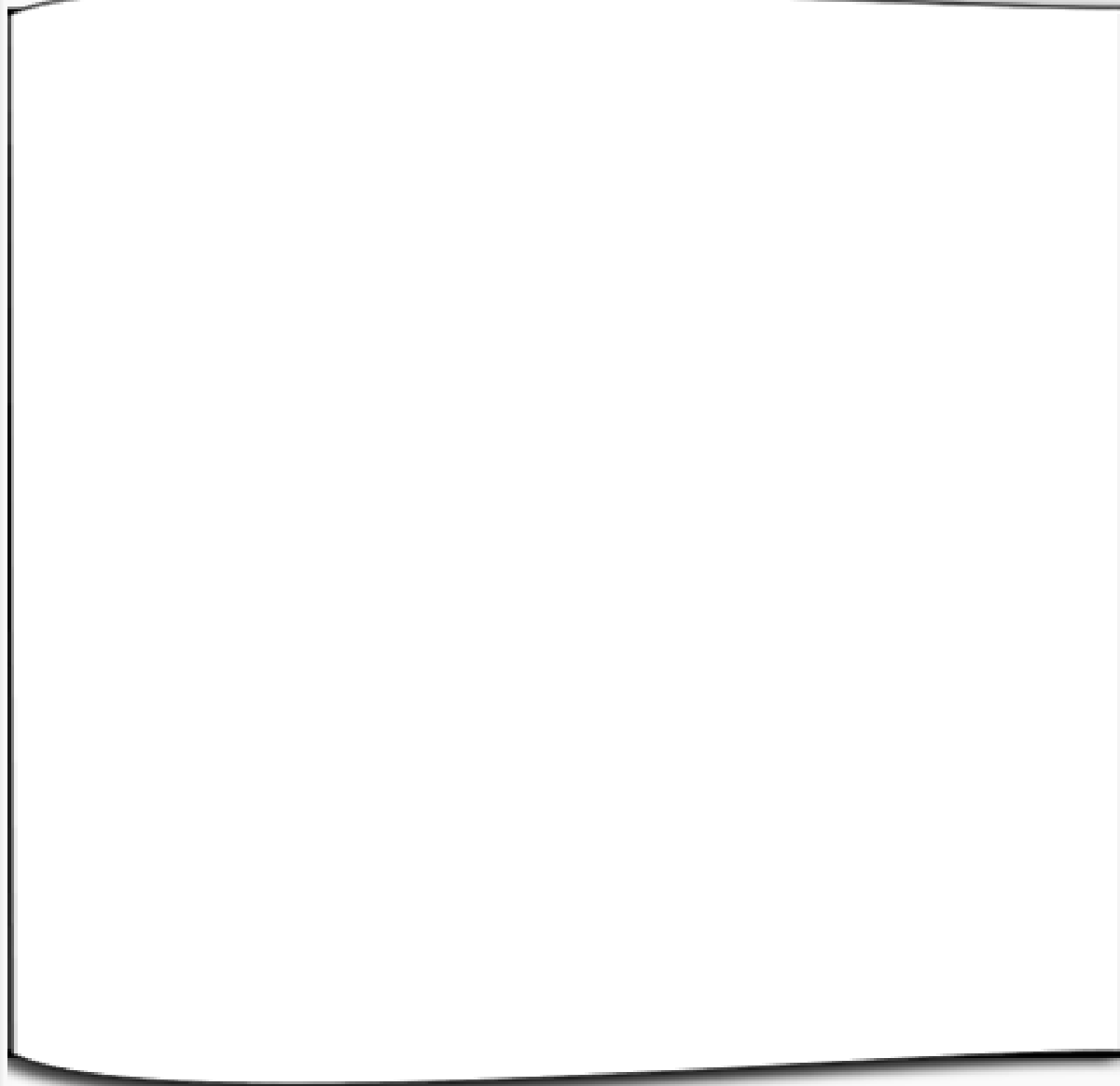


# Front Page

How do I begin  
discipling a brand new  
believer OR a believer  
who has never  
engaged in making  
disciples?

It makes sense to  
begin with one of the  
very last things Jesus  
told us to do...

**Matthew 28:18-20**





Every disciple is a  
disciple-maker.

**Read Matt 28:18-20**

“Let’s break this down  
one word at a time...”

WHY? - MATT. 28:18-20

**JESUS:** After dying for our sin and being raised from the grave, Jesus has been given all authority.

**Drawing:** Crown

**Question:** Are you committed to follow Jesus as your ultimate authority, your king from this day forward?

WHY? - MATT. 28:18-20



JESUS

**GO:** Jesus has sent every one of His followers on His mission. He tells us to “go.”

**Drawing:** Arrow

**Question:** Are you committed be on mission with Jesus, going wherever he sends you?

WHY? - MATT. 28:18-20



JESUS



GO...

**MAKE DISCIPLES:** A disciple of Jesus is a person who follows Jesus, and teaches others how to follow Him. This is our mission and identity.

**Drawing:** Tree Diagram

**Question:** Do you accept your new mission and identity as a disciple of Jesus?

WHY? - MATT. 28:18-20



JESUS



GO...



MAKE DISCIPLES

**ALL NATIONS:** Jesus is on a global mission. He wants all people on earth to hear His good news.

**Drawing:** World

**Question:** Are you committed to be a part of Jesus' global mission?

WHY? - MATT. 28:18-20



JESUS



GO...



MAKE DISCIPLES



ALL NATIONS

**BAPTIZE:** The first step of obedience to Jesus is baptism. This is a powerful symbol showing the world you follow Jesus

**Drawing:** Water

**Question:** Where do you want to be baptized today? Who can you invite?

WHY? - MATT. 28:18-20



JESUS



GO...



MAKE DISCIPLES



ALL NATIONS



BAPTIZE

**TEACH TO OBEY:** We follow Jesus by obeying His commands and teaching others to do the same.

**Drawing:** Book

**Question:** When is a good time we can meet each week to learn to obey Jesus' commands?

WHY? - MATT. 28:18-20



JESUS



GO...



MAKE DISCIPLES



ALL NATIONS



BAPTIZE



TEACH TO OBEY JESUS' COMMANDS

**WITH YOU:** Jesus promises us that we are never alone on Mission with Him. He is always with us. He will never leave us.

**Drawing:** Heart

**Prayer:** "Lord Jesus, I need you. Please empower me by your Spirit to follow you all of my life."

WHY? - MATT. 28:18-20



JESUS



GO...



MAKE DISCIPLES



ALL NATIONS



BAPTIZE



TEACH TO OBEY JESUS' COMMANDS



JESUS IS WITH US



# PRACTICE



Turn to someone at your  
table and teach them the  
“WHY?” from the Great  
Commission



You'll have  
10 minutes  
(5 min. per person)



**Go!**

**Who should we  
engage?**





## Inside left

Now we know our identity and Jesus' mission.

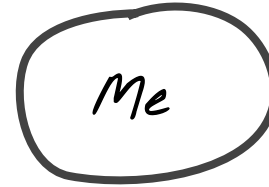
Let's make a prayer map of who He wants us to engage and try to reach for the sake of the gospel.

WHO? (PRAYER MAP) - JOHN 17:20-21

# Prayer Map

Begin by drawing a circle in the middle of the paper and writing your name in that circle.

WHO? (PRAYER MAP) - JOHN 17:20-21

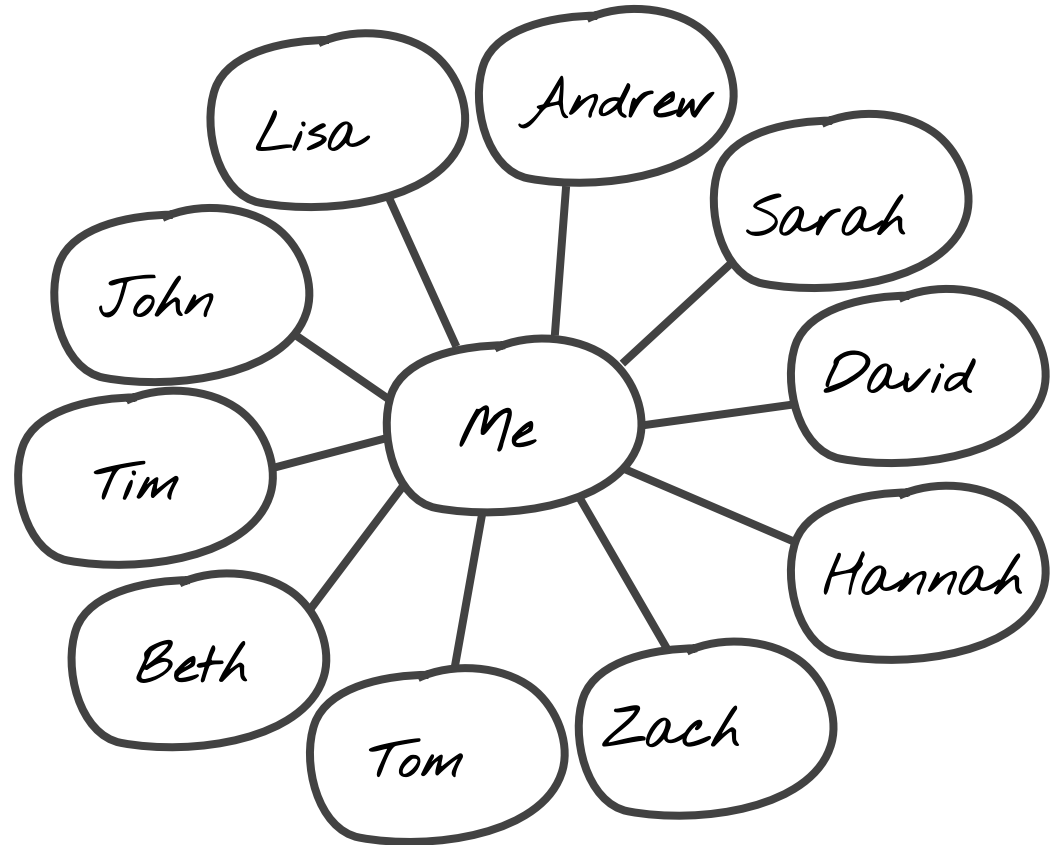


# Prayer Map

Who are 10 people you know that are far from God and need to hear the good news about Jesus?

Put their names in the 10 empty circles

WHO? (PRAYER MAP) - JOHN 17:20-21



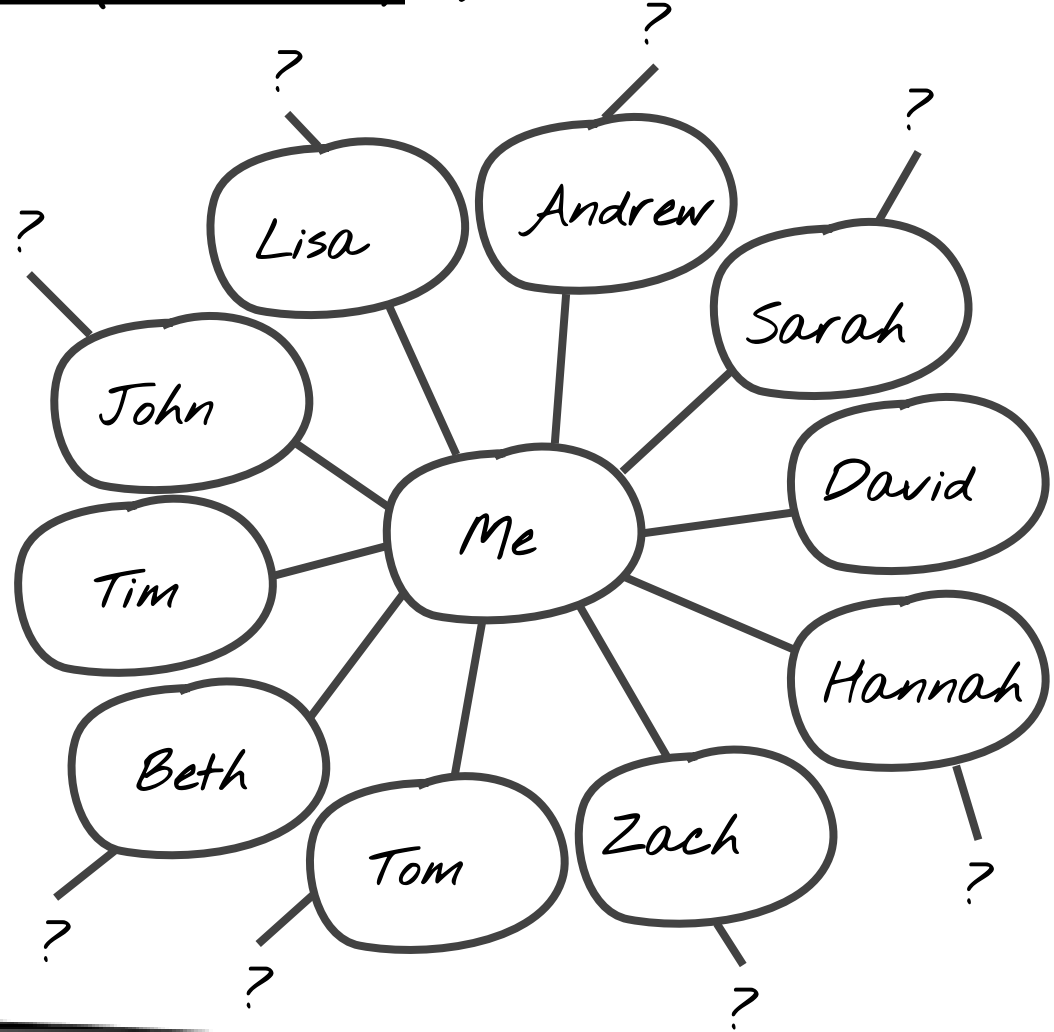
# Prayer Map

Read: John 17:15-21

Jesus gave us an example of how to pray for generations of disciples. He prayed for His disciples and also for all those who would believe in Him through their testimony.

(Draw "?" connected to each circle)

## WHO? (PRAYER MAP) - JOHN 17:20-21

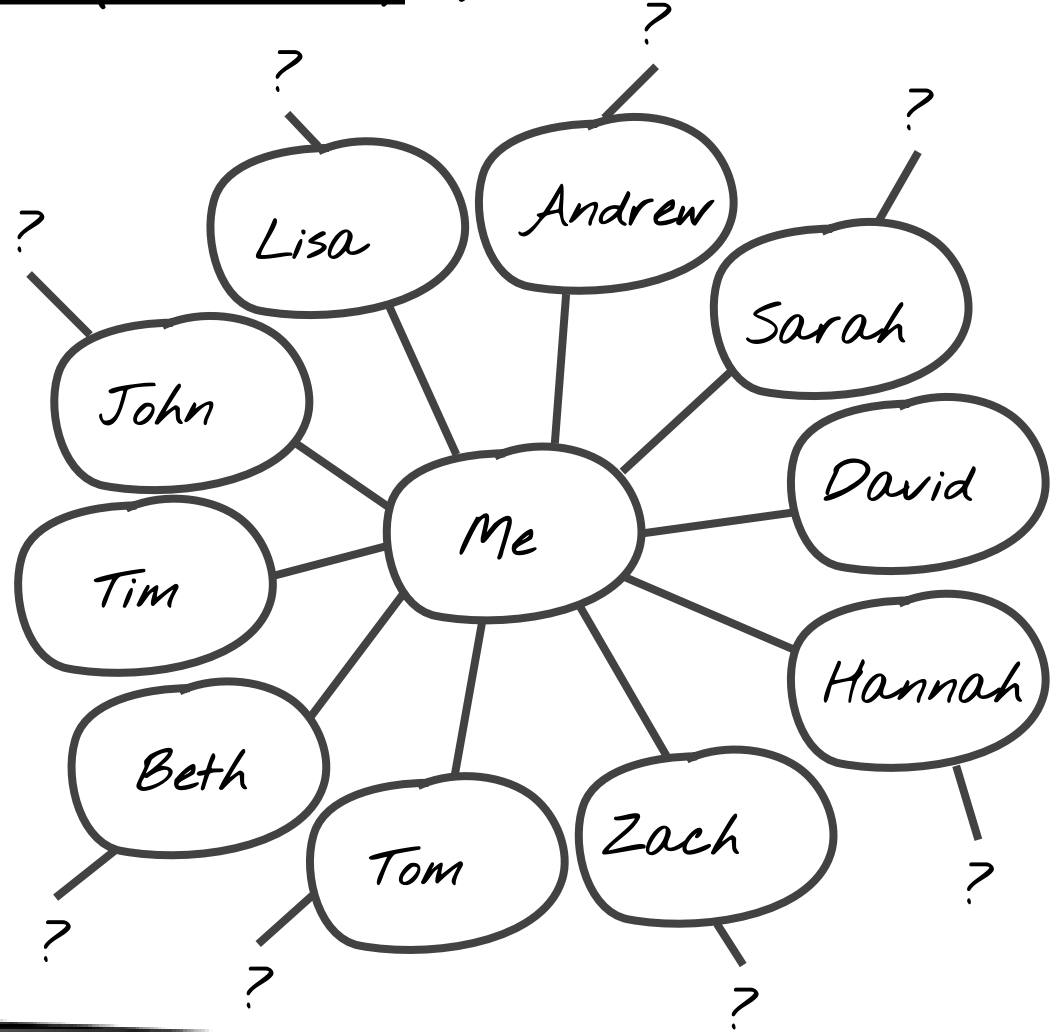


# Prayer Map

Imagine what it would look like if God saved one person on your list.

Imagine what would happen to that person's family tree as they begin following Jesus, learning to make disciples, and engage their relational network.

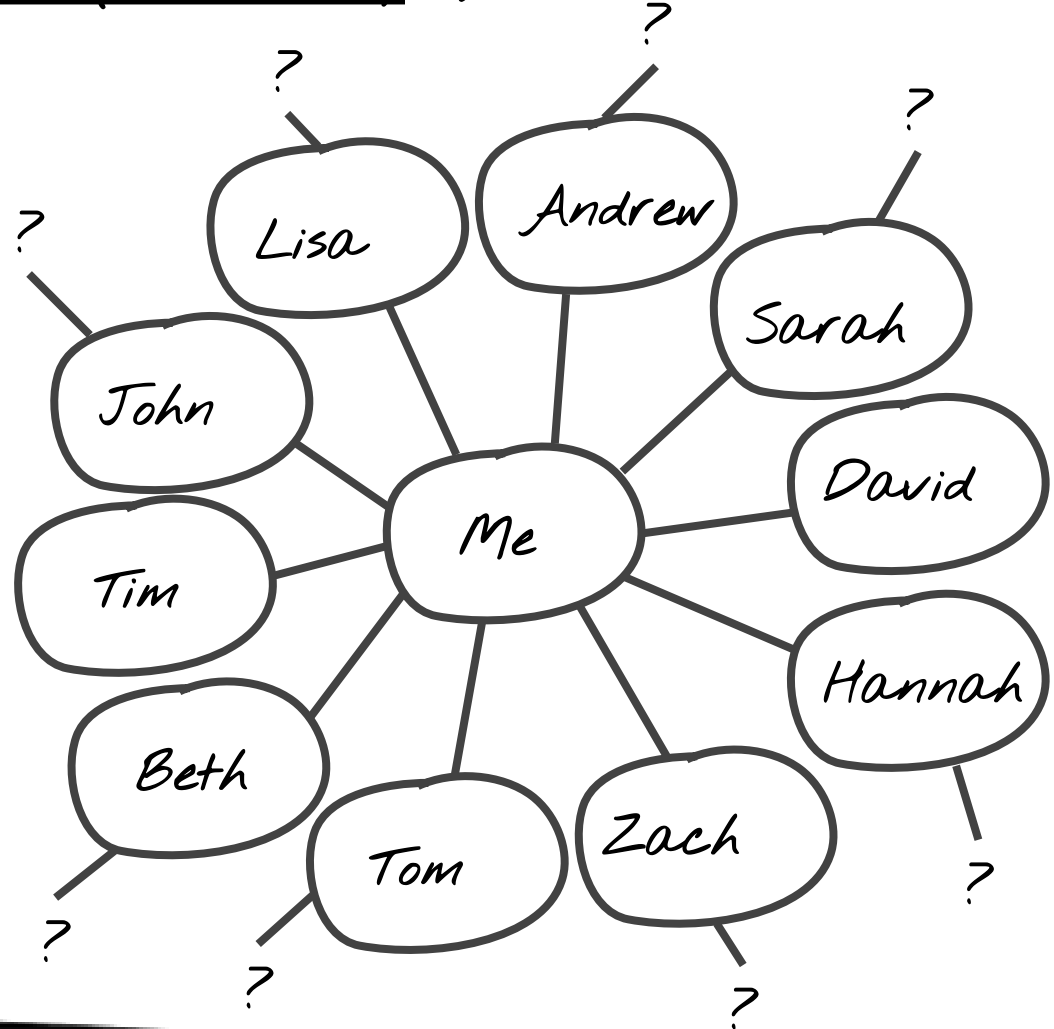
## WHO? (PRAYER MAP) - JOHN 17:20-21



# Prayer Map

Just like Jesus, let's pray for all these people, and for the generations of people who will believe in Jesus through their testimony.

## WHO? (PRAYER MAP) - JOHN 17:20-21





# PRACTICE



**Pray for the people in your prayer map. Pray for their salvation as well as opportunities to engage them.**



**You'll have 5 minutes.**



**Go!**

**What should we say?**



3



## Inside right

“There’s no sense in pushing a rope.”

The 15 Second story is a tool to “take a pulse” with someone to see if there is any interest in having a spiritual conversation.

WHAT? - MY STORY & THE GOSPEL

# 15 Second Story

Here are the 5 basic parts of sharing your story in 15 seconds or less:

Intro, Before, Jesus, Now, Ask.

## WHAT? - MY STORY & THE GOSPEL

Intro



Jesus



???



# My Story

You can begin your story by simply saying, "there was a time in my life..."

## Practice

### WHAT? - MY STORY & THE GOSPEL

Intro



Jesus



???

Time  
in my  
life...



# My Story

Think about your life before following Jesus. Write down two words that would describe your life at that time.

Example: "There was a time in my life that I was: depressed & empty"

**Practice**

## WHAT? - MY STORY & THE GOSPEL

Intro



Jesus



???

Time  
in my  
life...

1. Depressed
2. Empty



# My Story

Next, practice saying a simple statement of faith in Jesus:

“But I turned from my sin and trusted Jesus who died for my sin and is risen!”

**Practice**

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



Jesus



???

1. Depressed
2. Empty



I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!

# My Story

Next, think of your life now. What are two words that would describe your life as a follow of Jesus?

Example: *"Since I began following Jesus my life, I now have joy and satisfaction in life..."*

**Practice**

## WHAT? - MY STORY & THE GOSPEL

Intro



Jesus



???

Time  
in my  
life...

1. Depressed
2. Empty



1. Joy
2. Satisfied

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



# My Story

Finally, you can invite the person into the conversation by asking them something simple like:

*"Do you have a story like that?"*

(Demonstrate)

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus



1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!

# PRACTICE



Everybody stand up!



Practice sharing your 15 second story with five different people around the room (or drawing it out three times at your table).



You'll have 5 minutes.



Go!

# The Gospel

After sharing your 15 Second story, you can further explain the Gospel by using the 3 Circles method.

Just ask the person,  
*"Can I take 30 seconds to show you something that changed my life?"*  
 Or *"Have you ever seen the 3 Circles?"*

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

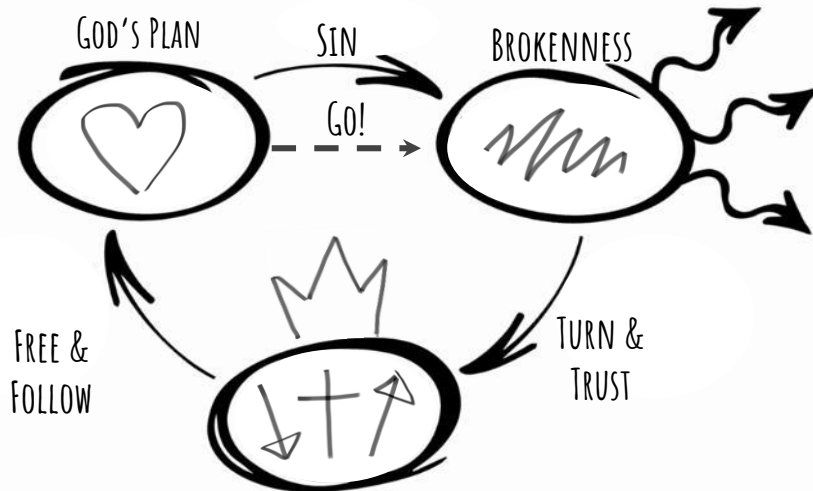


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



# God's Plan

God has a perfect plan for all of our lives.

God's plan is that we would love Him and love others. And this is how the world was in the beginning.

Everything was perfect, exactly how God created it.

[Gen. 1:31; Ps 19:1]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus



1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!

GOD'S PLAN



# SIN

But it didn't take long for people to go their own way. Since the first created people, we have all chosen our own path, instead of living life according to God's plan. Going our own way is called "sin" or rebellion.

[Rom. 3:23, 6:23a]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...

1. Depressed
2. Empty

Jesus



1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!

GOD'S PLAN



SIN



# Brokenness

When we look around the world today, we can see it is full of brokenness because of our sin. War, murder, hate, disease, addiction, poverty, natural disasters. This was not a part of God's original plan.

[Rom. 1:25; Prov 14:12]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus



1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!

GOD'S PLAN



SIN



BROKENNESS



# Arrows

No one likes brokenness, so we try to fix it or escape it. Some ways we try to fix or escape from our brokenness are: drugs & alcohol, relationships, money, or just being a good religious person. But these just snap us right back into brokenness.

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...

1. Depressed
2. Empty

Jesus

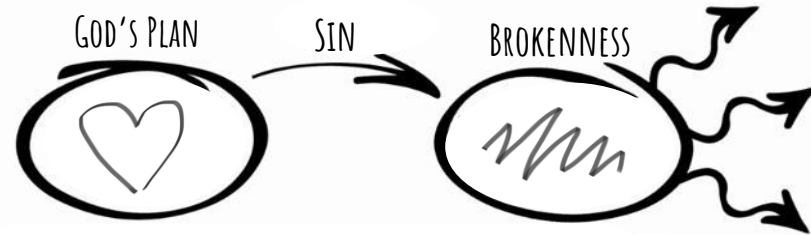


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



# Jesus

God still has a plan for our lives. He loves us! So to fix our brokenness, God sent His son Jesus down to earth. Jesus never sinned, but died on the cross for our sin. Then He rose from the grave, conquering sin and brokenness!

[1 Cor. 15:3-4, Rom 10:9]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

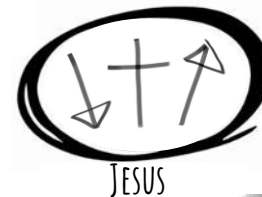
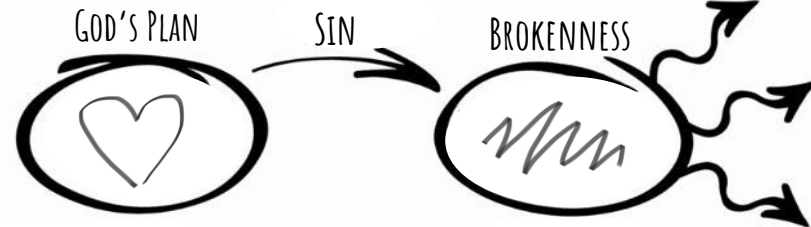


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!





# Turn & Trust Jesus

In order to accept this free gift of Jesus' salvation from our sin and brokenness, we must turn from our sin and trust Jesus as the king (Lord) of our lives.

[Mark 1:15, Eph 2:8-9, Rom. 10:9-10]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

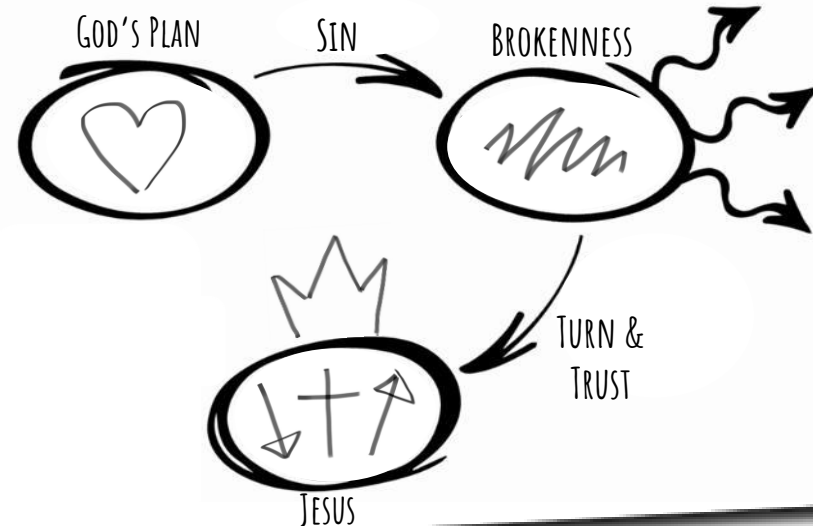


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



# Free & Follow

Jesus not only forgives us, but frees us from our old life of sin & gives us eternal life! His Spirit in us empowers us to follow Him and GO share this good news with everyone!

[2 Cor. 5:21, Rom 6:20-23; Matt. 4:19]

## WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

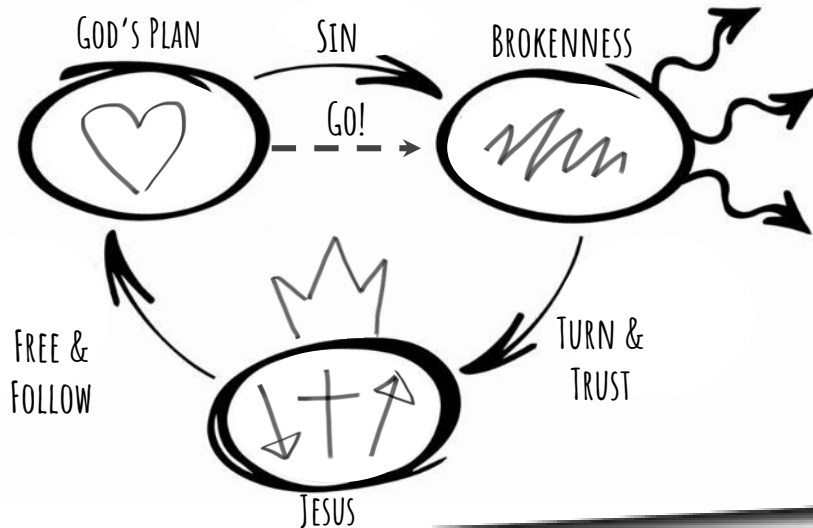


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



After showing them the 3 Circles, you want to ask them these questions:

**1. Does all of this make sense?**

**2. Where are you?**

If they say they are in Sin or Brokenness...

**3. Is it your desire to turn and trust in Jesus right now?**

# WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

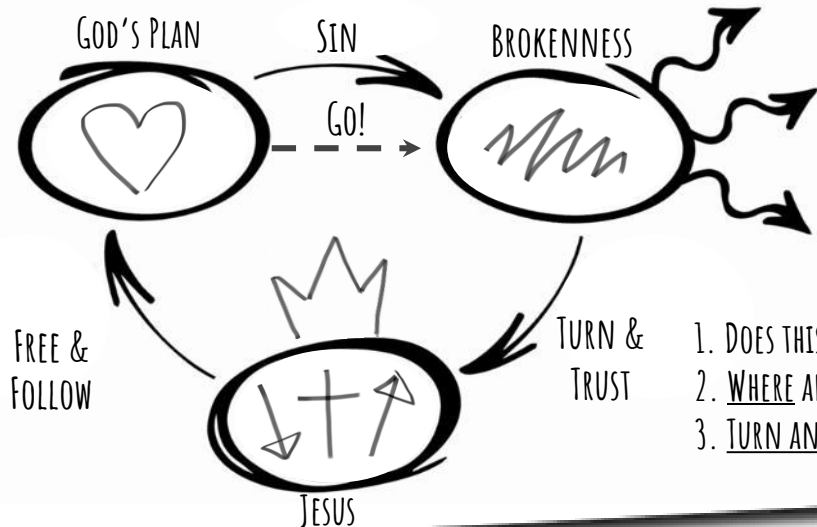


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



1. DOES THIS MAKE SENSE?
2. WHERE ARE YOU?
3. TURN AND TRUST JESUS?

If the person says "yes, I want to turn and trust Jesus right now," have them pray back through the 3 circles...

"God I know you have a plan for my life, I have sinned, I am broken, I turn and trust in Jesus' death, burial and resurrection; I commit to follow Jesus as Lord."

# WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

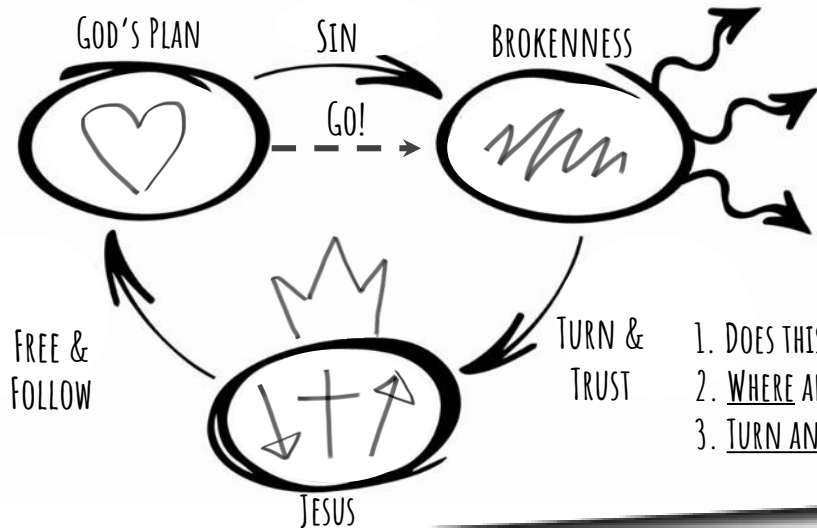


1. Joy
2. Satisfied

???

Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



1. DOES THIS MAKE SENSE?
2. WHERE ARE YOU?
3. TURN AND TRUST JESUS?

If the person says “no”, ask if they would like to get together again to look at what the Bible says about believing and trusting in Jesus.

(Example of 15 Sec. story + 3 Circles in one conversation)

# WHAT? - MY STORY & THE GOSPEL

Intro

Time  
in my  
life...



1. Depressed
2. Empty

Jesus

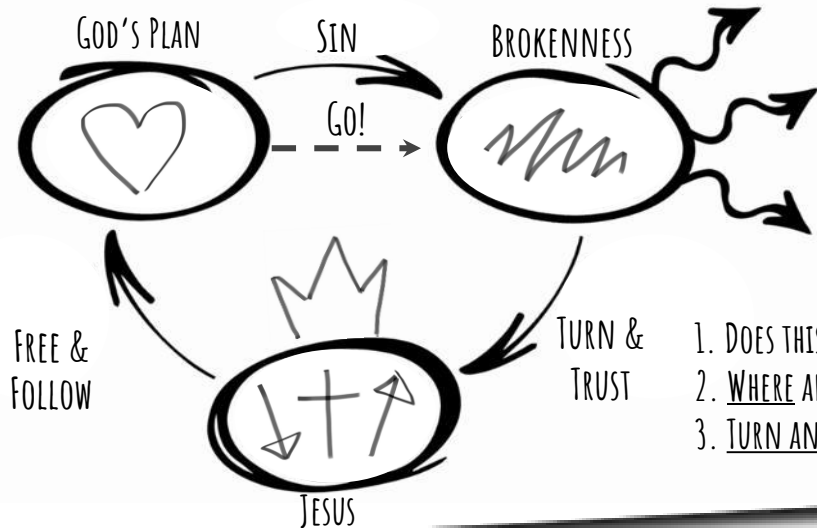


1. Joy
2. Satisfied

???

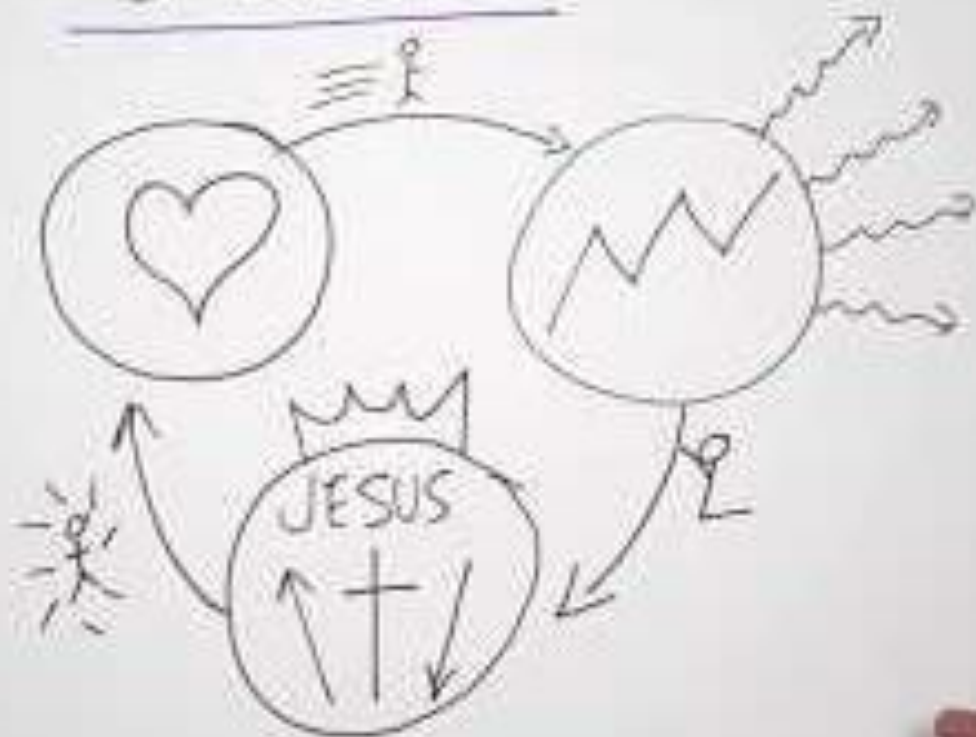
Story  
like  
that?

I turned from my sin  
& trusted Jesus who  
died for my sin, and is  
risen!



1. DOES THIS MAKE SENSE?
2. WHERE ARE YOU?
3. TURN AND TRUST JESUS?

### 3 CIRCLES



# PRACTICE



Pair up  
one on one.



Practice  
drawing and  
explaining the 3  
Circles with  
your partner.



You'll have  
10 minutes



Go!

# When should we start?







## Back page

Jesus says in John 14:15 that if we love Him then we will obey His commands.  
(Matthew 7:24-26)

Today you have learned how to begin obeying Jesus as His disciple. Let's make some practical obedience goals.

WHEN? - OBEY JESUS (MATT. 7:24-26, JOHN 14:15)

# Pray

Jesus commands us to pray "His Kingdom come, and will be done" (Matthew 6:9-13)

Will you commit to pray at least 10 minutes a day for the 10 names on your prayer map? When will you pray?

WHEN? - OBEY JESUS (MATT. 7:24-26, JOHN 14:15)

1. PRAY - DAILY (TIME: \_\_\_\_\_)

# Share

Jesus desires His Gospel to be shared throughout all the earth (Matthew 24:14).

Who is one person you can share the gospel with in the next 7 days?

Think about the people on your prayer map...

WHEN? - OBEY JESUS (MATT. 7:24-26, JOHN 14:15)

1. PRAY - DAILY (TIME: \_\_\_\_\_)

1. SHARE - ONE PERSON IN NEXT 7 DAYS (NAME \_\_\_\_\_)

# Meet Again

Jesus commands that we teach new believers to obey all he commanded.

(Matt 28:18-20)

When and where will we meet again to begin weekly learning how to follow Jesus?

WHEN? - OBEY JESUS (MATT. 7:24-26, JOHN 14:15)

1. PRAY - DAILY ( TIME: )

1. SHARE - ONE PERSON IN NEXT 7 DAYS ( NAME )

1. MEET - ( TIME/PLACE )

# Invite Others

Who will you invite to our next meeting?

WHEN? - OBEY JESUS (MATT. 7:24-26, JOHN 14:15)

1. PRAY - DAILY ( TIME: )

1. SHARE - ONE PERSON IN NEXT 7 DAYS ( NAME )

1. MEET - ( TIME/PLACE )

1. INVITE OTHERS - ( NAME(S) )



TEACH & TRAIN THE  $4^{11}$   
TO AT LEAST ONE  
PERSON.



SHARE YOUR  $15$  SECOND  
STORY AND/OR THE  
 $3$  CIRCLES WITH AT LEAST  
ONE PERSON.

# HOMework

**You are sent!**

